

Members-Only Health Benefits Program

Custom options to meet your needs.



“IB-Strategies has made purchasing health insurance so much easier than I ever thought possible. They saved me so much time and I felt comfortable knowing I went with the best choice for myself.”

*~ Kim Popovic,
ErgoFit Consulting, Inc*

Coverage You Need

Obtain great group health benefits for you and your employees.

Our program offers multiple medical, dental and vision plans—all through the largest national provider networks. Plus, our consultant will help you choose the options that meet your coverage needs! There are even medical plans available for our self-employed members.

As part of your member benefits, you now have access to:

- Group medical/dental/vision insurance, including our own member program!
- Group life/disability coverage
- Individual medical/dental insurance
- Prescription mail order discounts
- Health care discount card

At a Cost You Can Afford

Our consumer-driven health plans offer affordable rates for groups of all sizes.

By working with our insurance consultant, Integrated Benefit Strategies, you get customized options to meet your budget goals. From traditional plans to discount programs, your membership provides special pricing that helps you control costs. Call or e-mail Integrated Benefit Strategies to find out how they can find the right plan to meet your financial and benefit needs.

A Company You Can Trust

We have selected Integrated Benefit Strategies as our benefits consultant because of their excellent reputation in the marketplace. The company has a seasoned team that is committed to ensuring our members get the best programs available. They focus on streamlining the insurance process and delivering customized service to help make your job easier.

Integrated Benefit Strategies becomes your partner in managing your benefits and communicating them to your employees. You can rely on them for everything from new-hire memos to ongoing service throughout the year.

“The easier IB-Strategies makes my life, the more I love them!”
 ~ NW Association for Biomedical Research

Additional Savings for Our Members

Your membership provides even more savings through health discount programs for you, your employees and even your family members.

SAVE up to 80%! **FREE Mail Order Discount Drug Program**

Order your prescription drugs over the phone, and they arrive via mail. Over 11,000 medications available at reduced rates.

Allegra	\$96 retail	\$24 mail order
Nexium	\$146 retail	\$33 mail order
Lipitor	\$81 retail	\$36 mail order

SAVE up to 70%! **Health Care Discount Card**

With a low monthly membership fee, you and your employees receive discounts on dental care, doctor visits, prescriptions, lab and X-ray, chiropractic care, vision exams, glasses and contacts, massage and more.

Dental exam	\$70 average	\$44 discounted
Cleaning	\$130 average	\$88 discounted
Filling	\$120 average	\$71 discounted

Integrated Benefit STRATEGIES

1411 4th Avenue, Suite 770
 Seattle, WA 98101

Phone: 206.388.0134 | 800.742.0467
 Fax: 206.770.6509
 E-mail: service@ib-strategies.com
 Online: www.ib-strategies.com

More information is available online or contact your local representative:

Sandy Wood
 206.388.0134, ext. 23
sandy@ib-strategies.com



For more information on available benefits
www.womenbusinessowners.org



Call for a free review of your plan.
 206.388.0134 | toll free: 800.742.0467