



**WOMEN
BUSINESS
OWNERS**

PARTNERS IN SUCCESS

The Wire news & updates

November 2023

President's Message



Hello fabulous women!

Here we are with just a couple months and a few events left in the year. We sure hope to see you at one of those!

In conversations with members and guests, one of the topics that always seems to come up is...we want MORE time for networking!

That is totally understandable.

We also know that business has a lot to do with building relationships and that can't always be accomplished AT an event.

With that in mind, your invitation for the next two months is to reach out to a member you don't know very well and do a zoom call or meet for coffee – or however you like to connect.

If you need help with “get to know you” type questions, here are some you can try:

- What is your favorite part of the work you do?
- What is one challenge you are dealing with right now?
- Who makes a great introduction for you?
- What is one way you define success for yourself?
- What gets you out of bed in the morning?
- What is an exciting project you are currently working on?
- What is a big goal you are working toward?

You are all smart women and my guess is, you have some other favorite things to ask. Feel free to reply to this email and share. We could turn this into a blog post!

Thankful for each and every one of YOU!

Tracey Warren

November Calendar

After Hours

Thursday, November 9

5:00 pm - 7:00 pm

Location: [Umpqua Bank](#), Old Bellevue Financial HUB, 95 102nd Ave NE, Bellevue WA 98004

Sponsored by: [Umpqua Bank](#)

[Learn more](#)

Virtual Luncheon

Thursday, November 16

11:15 am - 1:00 pm

Location: Zoom

Topic: Reshaping our Narratives for More Positive Outcomes

Speaker: [Dr. Constance "Ahuva Batya" Scharff](#), The Institute for Complementary and Indigenous Mental Health Research

[Learn more](#)

Welcome Aboard



Rose Harrow

[Authentic Marketing from the Heart](#)

Business Coaching for Entrepreneurs and Leaders. Heart-based. ChangeMakers who want to do good in the world through their work. Both entrepreneurs and leaders succeed by inspiring others, to follow a vision and a plan for positive change.



Laura Reifel

[Career Evolution Coach](#)

Do you know how sometimes people feel stuck, frustrated, or unsure of their career path? I enable people to overcome obstacles to achieve success on their own terms and excel in their work and their personal life. Then they can live in a way that makes them fulfilled and happy.



Kamal Sidhu
[inTech Consulting LLC](#)

We provide I.T. services to businesses, including help desk services, systems management, managed backups, project management, compliance management, and other services that enable our clients to leverage technology for their business.

Renewing Members



Regina Glenn
[Pacific Communications Consultants, Inc.](#)
1992 Nellie Award Winner



Patty Pacelli
[Pacelli Publishing](#)
Member Since 2016



Gazala Uradnik
[GFS Events](#)
Member Since 2019

Mastermind Groups

New groups are forming! If you are interested in being part of a group that can support you as you move forward in your business, please [send Tracey an email](#).



From Our Members



The story regarding the legal case initiated by WBO member, **Marlena Grundy**, against Providence Everett Hospital for the tragic passing of Cheyenna Costello has gained significant attention. Cheyenna, who suffered from pancreatitis, tragically seized and ultimately lost her life after enduring an agonizing 4.5-hour wait in the hospital's emergency room lobby. [This story is currently capturing the public's interest and concern.](#)



Rosie Mayes is excited to share that last month she released her [third cookbook](#)! "This book holds a very special place in my heart because I self-published it through my business."



[Deb Still](#) has received the Five Star Professional Award for 2023. "This is my 9th year of receiving this award! So incredibly grateful to my clients, and business associates for nominating me."

The Five Star Mortgage Professional Award is issued to less than 7% of the Mortgage Professionals in a particular market. To receive the Five Star Mortgage Professional Award, a mortgage professional must satisfy five objective eligibility and evaluation criteria. Area real estate agents, escrow and title professionals, and customers are asked to submit an evaluation. Self-nominations are not accepted.



[GFS Events](#) received the Silver Award for Best Event Planning Company for the Seattle Times Best in the Pacific Northwest! We were honored to be nominated (14,000 nominations from over 11,110 businesses were received) and 227,250 votes were cast! Thank you to those of you who cast votes for GFS Events! We are so grateful! Thank you for your vote and your confidence in our team!

In the Spotlight



Dr. Emily Anderson is a Chiropractor in Kirkland who graduated with her Doctorate of Chiropractic in February of 2023. She opened her own office just outside of downtown Kirkland, [Emily J Anderson Chiropractor PLLC](#), with the goal of serving the community she grew up in. She specializes in Family Care and loves to help her patients get out of pain and into the lives they enjoy.

Want to be featured here?

If you'd like to be considered for a Member Spotlight Feature, the only requirements are that you are a current WBO member and that your profile is up-to-date in the WBO website's member directory. If you have any questions about the Member Spotlight, or any other membership benefits, please [send an email](#) to Darci and Emily.



Women Business Owners was founded in 1979 by a group of local women business owners seeking counsel, support and friendship from their peers. WBO propels women entrepreneurs to embrace their visions of success!

President: Tracey Warren, [Ignite Your Champions](#)

Secretary: Heather Skillman, [The Skillman Enterprise](#)

Treasurer: Laura Doehle, [Elevation Business Consulting LLC](#)

DEI Chair: Marriot Winqvist, [BrightTree Consulting LLC](#)

Events Chair: Coleen Gose, [Life 2.0 Coaching with Coleen](#)

Membership Co-Chair: Darci Daniels Talkington, [Darci Daniels Coaching](#)

Membership Co-Chair: Emily Lang, [Northwestern Mutual](#)

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